

Forest Hills School District



January 14, 2022

David L. Lehman
Superintendent of Schools

Dear Rangers,

I would like to take this opportunity to thank all Rangers for their resolve, due diligence, and patience throughout the pandemic.

Since the recent litigation regarding masking has been overturned, the Forest Hills School District is now able to revert to the District's Health and Safety Plan, as previously approved by the Board, which states masking is optional. Please be advised, masking continues to be required on all District transportation vehicles as outlined by the current Federal regulations.

As a result of the Pennsylvania Supreme Court's Decision and recent updates from the PA Department of Health, as we move forward with the current masking status, the following quarantine protocols and procedures will be put into place effective immediately:

Test Positive for COVID

Students who test positive for COVID must quarantine for five (5) days. Upon return to school after day five (5), they must properly wear an approved, well-fitted facial covering for an additional five (5) days.

If symptomatic for five (5) days, students must stay home until symptoms improve.

Exposed to COVID and/or Exhibiting COVID Symptoms (*Symptomatic*)

Students exposed to COVID, are symptomatic, and/or are living with a COVID positive family member should continue to quarantine as recommended by the Department of Health, CDC, and your primary health care provider. Any student/staff who exhibits symptoms shall isolate and quarantine at their home and seek appropriate medical care.

Exposed to COVID and/or Exhibiting NO COVID Symptoms (*Asymptomatic*)

We recommend the following for Pre-K-12 students and staff exposed to COVID-19 while participating in a school setting who are asymptomatic. These guidelines only apply to asymptomatic students/staff. If you or your child are asymptomatic, you and your child may choose one of the following quarantine options:

1. Stay home. On day five (5) the student may be tested by the family's healthcare or outside provider. Upon a negative test being received and properly submitting the negative test results to the Building Principal or School Nurse, the student can return to the classroom on Day 6, but needs to wear an approved, well-fitted facial covering for an additional five (5) days.
2. Attend school. Quarantine behind the mask or approved, well-fitted facial covering for ten (10) days after his/her last date of exposure.
3. Quarantine at home for 10 days and coordinate with teachers for assignments.

* *Quarantine guidelines may be adjusted due to vaccination status. Please contact the School Nurse.*

Direct contacts for COVID-19 are those individuals who are identified as being directly exposed to COVID-19 by the positive case. Parents and students are responsible for symptom monitoring; however, if nurses/school staff see a child exhibiting symptoms, they should act accordingly.

As in the past, if a student is asymptomatic, wearing an approved, well-fitted facial covering and has appropriate distancing, this student will have the least risk of being exposed to contact tracing and quarantine protocols.

The best course of action is to monitor for symptoms and to stay home when you or your child is ill or experiencing flu-like symptoms. According to the CDC, COVID symptoms include the following,

Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

This procedural change will be **effective starting Tuesday, January 18, 2022.**

Thank you for monitoring your child's wellness and for doing your part to help us remain in school.

Once again, I would like to thank the Ranger community for being proactive and for helping us to minimize the spread of COVID, to reduce quarantine situations, and for helping us to keep "R" schools open. The above protocols will ensure the students are able to be safe and secure within the in-person setting. Thank you for your patience and help with this pressing matter.

Sincerely,



Dr. David Lehman
Superintendent of Schools

SYMPTOMATIC

Symptomatic	Stay Home. Seek medical consultation and provide medical evidence to return.
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TEST POSITIVE

Asymptomatic	Stay home for five (5) days. After five (5) days and asymptomatic, the individual may return to school with a properly worn, well-fitted, approved facial covering for five (5) days. Please provide documentation.
Symptomatic	If symptomatic for five (5) days, students must stay home until symptoms improve. When symptoms improve (fever free for 24 hours, without use of fever-reducing medicine), the individual can return to school with a properly worn, well-fitted, approved facial covering for five (5) days.

COVID EXPOSURE

Symptomatic	Stay home. Seek medical consultation and provide medical evidence to return.
COVID exposure with a family member who is positive in the same home.	Stay home/quarantine as prescribed by the Department of Health, CDC, and/or the primary health care provider. Please contact the School Nurse.
Asymptomatic	<p>Family has three options available to them:</p> <ol style="list-style-type: none"> 1. Stay home. On day five (5) the individual may be tested by the family's healthcare or outside provider. Upon a negative test being received and properly submitting the negative test results to the Building Principal or School Nurse, the student can return to the classroom on Day 6, but needs to properly wear an approved, well-fitted facial covering for an additional five (5) days. 2. Attend school by quarantining behind the mask <i>or properly worn, well-fitted, approved facial covering</i> for ten (10) days after his/her last date of exposure. 3. Quarantine at home for 10 days. Coordinate with teachers for assignments. <p>* Quarantine guidelines may be adjusted due to vaccination status. Please contact the School Nurse.</p>