

TIPS FOR ACCESSING HELP IN SOUTHWEST PA

Carol J. Gettemy RNC, BSN
Special Health Care Need Consultant
PA DEPARTMENT OF HEALTH for the SWD
300 Liberty Avenue Room 514 or 233 West Otterman St
Pittsburgh, PA 15222 Greensburg, PA 15601

E-Mail cgettemy@state.pa.us
Phone 412-565-5101 877-PA-HEALTH Phone 724-830-2701
FAX 412-565-7582 FAX 724-832-5327

**Armstrong, Beaver, Butler, Cambria, Fayette, Greene, Indiana, Somerset, Washington,
Westmoreland**

Regional Resources

Carol J. Gettemy, Special Health Care Needs Consultant, PA DOH
Joseph Donahue, School Health Nurse Consultant, PA DOH
Vacant, Maternal Child Health Consultant, PA DOH
877-PA HEALTH
www.health.state.pa.us

Pam Long, Chief of MCH, Allegheny County Health Department
412-247-7950

SPECIAL KIDS NETWORK

www.gotoskn.info
Information & Referral **800-986-4550**

PARENT TO PARENT of PA

Janice Forosisky-Rachael Olbeter-Nicole Zilli
888-727-2706
www.parenttoparent.org

Patient Representative Department

Children's Hospital Pittsburgh
412-692-6696

Family to Family

Please contact Joan Badger-Health Information Coordinator
PEAL Center at 412-281-4404 ext 18
866-950-1040 Toll Free 412-281-4409 TTY 412-281-4408 FAX

April 2009

Health Insurance

Apply for Medicaid/MAWD/CHIP/adultBasic on the same application:

- Call toll-free line at 1-800-986-KIDS
- Call toll-free number 1-800-GO BASIC
- Contact toll-free number of CHIP contractor, reference-
www.insurance.state.pa.us keyword CHIP or adultBasic
- Apply online at www.compass.state.pa.us
- Contact your County Assistance Office under Government in Blue pages or www.dpw.state.pa.us keyword CAO

Welfare Hotline 800-692-7462 TTY/TTD 800-451-5886 MA Customer Service 866-542-3015

MEDICAL ASSISTANCE

- Parents of Children with Special Needs / Chronic Medical Conditions
 - Are you aware your child may be eligible for medical assistance?
 - These benefits are not dependent on parent's income
 - Your child may be eligible even if you have other insurance
 - This may pay for services denied by other insurance and copays
 - All children born premature or with developmental delays should apply
 - Disability qualifications are the same as for SSI
- Contact your County Assistance Office (CAO)
 - If you experience any problems: Ask to speak to the Outreach Contact Person for your county
- Write boldly on application **MA only Child with a Disability**
- Submit a current statement from your doctor explaining about all medical conditions
- Provide this information to *both* your CAO and the SS office when applying

CARE COORDINATION PROGRAMS: Ask for a Case Manager in Special Needs Unit

- UPMC for You 800-286-4242 #2 #2 Director- Tina Salpak
- Gateway 800-642-3550 #1 #2 Director- Mona Jordan Hawkins
- Unison 877-844-8844 Director- Demetrios Marousis
- Access Plus 412-367-3030 ext 2326 Barbara Stone
- Caring Program: Care Coordination for Children with Special Health Care Needs and Their Families (Highmark CHIP)
 - 866-823-0892 412-544-0768 Amy Shannon
 - Information, education, referral/Home Visits and care plans
 - Advocacy, will attend school and physician meetings as needed

Special Health Care Programs - PA DEPT OF HEALTH call 800-986-4550

This number is for SKN-ask to be connected to the Harrisburg Programs for the following conditions: (Income Eligibility/Use a participating provider)

Cooley's Anemia	Cystic Fibrosis
Congenital Heart	Spina Bifida
Chronic Respiratory	Cleft Palate
Orthopedic	Hemophilia
End Stage Renal Disease	Traumatic Brain Injury
Hearing/Speech/Language Impairments	

For Medications-PA Patient Assistance Program Clearinghouse 800-955-0989 (worth a call)

TIPS FOR TRANSITION FROM SCHOOL TO ADULT SERVICES

www.health.state.pa.us/transitionchecklist

- ▶ Get the Transition Health Care Checklist at the above web site, from your transition coordinator, school nurse, or from agency service coordinators. Work thru the questions on pages 4-9 to plan for learning/teaching the skills needed to be as independent as possible.

Need to Know-to maintain Health Insurance

- ▶ Private Insurance - Youth may be able to continue on their family's insurance plan as long as they are considered an "adult disabled dependent child." (page 17 of the Transition Health Care Checklist)
 - Ask Human Resources or Benefits Department for information/application. This Information should include the process and form for the doctor to complete
 - Include all medical conditions
 - This may be available as the youth leaves high school
- ▶ HIPAA - The Health Insurance Portability and Accountability Act - stands also for portability (page 18 of the Transition Health Care Checklist)
 - When changing Group Health Insurance get a **Certificate of Coverage** for portability. This will waive the waiting time and any increased costs for pre-existing conditions. A formula may be applied
- ▶ Social Security as an adult is one pathway to public insurance (Medical Assistance) (Page 19 of the Transition Health Care Checklist)
- ▶ Youth receiving SSDI benefits as a child will need to reapply as an adult with disabilities (Page 20 of the Transition Health Care Checklist)
- ▶ Youth may want to apply for MAWD-Medical Assistance for Workers with Disabilities (Page 23 of the Transition Health Care Checklist)
- ▶ It is critical to have current evaluations and assessments including educational, medical and psychological. These are needed to apply and qualify for many services /programs
- ▶ Remember to return to the doctor for prescriptions and referrals for testing and services paid by public and private insurance
- ▶ Depending on whether private or public insurance is used as primary, explore the type and level of services available. Check if covered services meet the needs of the youth
- ▶ Be sure to show all service providers all insurance cards

STATE HEALTH CENTER (SHC): PA DEPARTMENT OF HEALTH

Nurses are at each site.

Armstrong County SHC	Kittanning	724-543-2700
Beaver County SHC	Beaver	724-774-1385
Butler County	Butler	724-287-1769
Cambria County SHC	Johnstown	814-248-3120
Fayette County SHC	Uniontown	724-439-7400
Greene County SHC	Waynesburg	724-627-3168
Indiana County SHC	Indiana	724-357-2995
Somerset SHC	Somerset	814-445-7981
Washington SHC	Washington	724-223-4540
Westmoreland County SHC	Greensburg	724-832-5315
Mon Valley SHC	Monessen	724-684-2946

Community Health Nurse Supervisors

- ▶ Maureen Barron, RN, MSN
Cambria, Somerset, Indiana, Westmoreland, Mon Valley
- Barbara Motto, RN, MN
Beaver, Fayette, Greene, Washington
- Sandra Kniess, RN
Armstrong, Butler

LINKAGE CLINICS Partnership between Children's Hospital and PA DOH

- ❖ 4 Sites in W PA - Can contact Nancy O'Neill- Manager Rehabilitation Services at Children's-412-692-5097

<u>County</u>	<u>Phone</u>	<u>Community Health Nurse</u>
Indiana County SHC	724-357-2995	Corrine Putt RN, BSN
Fayette County SHC	724-439-7400	Carol Stewart RN, BSN
Beaver County SHC	724-774-1385	Kathy Brodala RN
Lawrence County SHC	724-656-3088	Jodie Skiba, RN



PA DEPARTMENT OF HEALTH **Southwest District Office**
 (State Office Building-Pitts) 412-565-5101 or 1-877-PA HEALTH

<u>SPECIALTY</u>	<u>CONTACT PERSON</u>
District Executive Director	Artis Hall, MPH
<u>District Nurse Administrator</u>	<u>Anita Lukacs, RN, BS, MN</u>
School Health Consultant	Joseph Donahue, RN, BS, MBA
Maternal/Child Health Consultant	
Special Health Care Needs Consultant	Carol Gettemy, RN, BSN
Chronic Disease Consultant/Supervisor	Sandra Kniess, RN
Injury Prevention Coordinator	Eileen Smith, RN, BS
Cardiovascular Risk Coordinator	Maureen Smith, RN, BSN
Tobacco Prevention	Kelly Mills, RN, MSN
Public Health Educator	
EMS Program Specialist	Richard Packer, MS
Public Health Physician	Virginia Dato MD MPH

(Greensburg District Office)

<u>SPECIALTY</u>	<u>CONTACT PERSON</u>
<u>District Epidemiology Manager</u>	<u>Carol Teacher, RN, MSN, CIC</u>
Communicable Disease Consultant/TB	Cindy Thomas, RN, BSN
Communicable Disease Consultant	Christine Murphy, RN, BSN
Environmental Health Specialist	Perry Fox, BS
Sanitarian	
Immunization Consultant	Judi Sedivy, RN
Immunization Consultant	Pam Sturtz, RN, BSN
QA Immunization Consultant	Collene Musho, RN, BSN, C
HIV Nurse Consultant	Barbara Hoza, RN
HIV Representative	Bob Fuhrman, BA, MS
STD Representative	Alan McNamara, BA

Pittsburgh District Office
 Pittsburgh Pauline Ostrowski, Marian Siler, Nancy Pater
 Greensburg Kathy Hallam, Linda Bahnak

Other District Offices
 Northwest 724-662-6068 N. Central 570-327-3400 S. Central 717-787-8092
 Northeast 570-826-2062 Southeast 610-378-4352

ALLEGHENY COUNTY HEALTH DEPARTMENT: 412-687-2243
 Pamela Long RN, BSN Nurse Administrator MCH 412-247-7954



A Z y x w v u t s r q p o

B

FAMILY CENTERS:

Pittsburgh Area-for information call	412-624-7986
Family Resource Initiative of Cambria County	814-533-1555
Family Resource Center Butler County	724-284-4894
Greene County Family Center	724-852-2893
Indiana County-Family Focus Program	724-463-5300 Ext 1234
Salisbury Area Family Center	814-662-2721
Family Center Program-Monessen	724-684-4370
Washington County Family Center	724-229-7410

C

D

LICC CONTACT person -Local Interagency Coordinating Council (Birth to five years- Parents and providers of Early Intervention)

Allegheny/Pittsburgh-Christine Buffington	412-921-0232
Armstrong/Indiana - Sue Perfetti	724-463-5300
Beaver-David Gengarella	724-847-6225
Butler/Lawrence/Mercer-Melissa Hollen	724-662-1550
Cambria-Kerry Mastrine	814-940-0223 ext 1353
Fayette-Lynn Clinigan	724-430-1370
Greene-Lauren Chambers	724-852-5276
Somerset-Carol Rosemyer	814-443-4891
Washington-Vicki Amos	724-228-6977
Westmoreland-Lisa Spoonhoward	724-836-0099 ext 228

E

F

G

H

LTF Chair-Right to Education Local Task Force (School age providers and parents)

IU 1	Fayette/Wash/Greene	724-938-3241
IU 4	Butler/Mercer/Lawrence	724-458-6700
IU 7	Westmoreland	800-327-9487
IU 8	Cambria/Somerset	814-445-9734
IU 27	Beaver	724-774-7800
IU 28	Armstrong/Indiana	724-463-5300
IU 2	Pittsburgh	412-323-3950
IU 3	Allegheny	412-394-5838

I

J

K

L

CASSP COORDINATORS: (Children and Adolescent Service System Program)

Armstrong/Indiana Co	Karen Winning	724-548-3451
Beaver Co	Carol Egliski	724-891-2827
Butler Co	Leslie Johnson	724-284-5114
Cambria Co	Rosemary Zenone	814-472-4400
Fayette Co	Michael Kavan	724-430-1370
Greene Co	Dean Virgili/Diane Krall	724-852-5276
Somerset Co	Melissa Lenart	814-443-9415
Washington Co	Gail Abercrombie	724-228-6669
Westmoreland Co	Renee Dadey	724-830-3617
Allegheny Co	Georgianne Palaoro/Ruth Anne Koss	412-350-4456

M

N

INTERAGENCY COORDINATORS

Anita Walters
Robert Papa/MaryJo Kelly
Sue Pfahles/Bryda Zahniser
Laura DePhillips
Megan Evans
Joe Rubino
Skip McGreevy
Larry Hubbard
Robert Gevaudan

O

P Q R S T u v W X Y Z

n m l k j i h g f e d c b a

ELKS HOME SERVICE NURSES:

www.paelks.com/files/Homeserv.htm

Pat O'Connor, RN Program Director	Saint Mary's, PA	814-781-7860
Margie Wood, RN	Assistant Program Director	724-225-1395
Dianna McCord, RN	Washington/Greene/Fayette	724-225-8145
Angela Yackuboskey, LPN	Armstrong/Indiana	724-832-8272 ext 1108
Kathy Camilleri, RN	Westmoreland	724-832-8272 ext 1059
Carol Przybocki, RN	Cambria/Somerset/Bedford/Blair	814-262-9600 ext 307
Ginger Bauer, RN	Allegheny	412-829-9332
Ricky Hood, RN	Beaver/Butler/Lawrence	724-283-3198, ext. 238

MEDICAL HOME PROJECTS IN PA

PEDIATRIC MEDICAL HOME - EPIC Integrated Care Program www.paaap.org

Renee M. Turchi, MD, MPH, Principal Investigator renee.turchi@drexelmed.edu

Molly Gatto, Associate Program Director mgatto@paaap.org

PA Chapter, American Academy of Pediatrics, EPIC Integrated Care, Rose Tree II, 1400 N. Providence Road, Media, PA 19063, 1-800-414-7392 484-446-3005 FAX 484-446-3255

YOUTH AND ADULT MEDICAL HOME PROJECT- PA Academy of Family Physicians (PAFP)

www.pafp.com/Foundation/MedicalHome

Dana Boyd, Medical Home Coordinator dboyd@pafp.com

PAFP Foundation, 2704 Commerce Drive, Harrisburg, PA 17110, 1-800-648-5623 717-564-5365 Fax 717-564-4235

WHAT IS A MEDICAL HOME

A medical home is not a building, house or hospital, but rather an approach to providing health services in a high-quality and cost-effective manner. A medical home is defined as health care that includes coordination of care

WHAT DOES IT MEAN FOR YOUTH

With health care services for adolescents who have special needs, the focus is on promoting physical and mental health as part of a successful transition from youth to adulthood

WHAT CAN FAMILIES AND YOUTH DO

- ▶ Contact the PAAAP or the PAFP to see if there is a medical home practice near you
- ▶ Talk with your doctors to see if they are connected to the PAAAP or PAFP and are they interested in participating in the Medical Home Projects
- ▶ For more information you or your doctors may contact the above programs



AMERICAN RESPIRATORY ALLIANCE of Western PA www.healthylungs.org
 Jeannie Simms Field Program Director 800-220-1990

ASSISTIVE TECHNOLOGY LENDING LIBRARY
Contact People Counties Phone
 Donya Smith Bedford, Blair, Cambria, Fayette, Greene, Somerset, Washington 724-223-5115
 Nancy Letterman Allegheny, Armstrong, Beaver, Butler, Indiana, Lawrence, Westm'd 800-633-4588

CareBreak at The Watson Institute (Respite)
 Mary Jo Alimena Caruso Coordinator CareBreak 412-749-2863

THE CHILDREN'S INSTITUTE OF PITTSBURGH 800-654-5988

DePaul Institute Dr. Dennis Barrott 412-924-1012

EVERY CHILD, INC Executive Director Susan I. Davis 412-665-0600

(SAP) PA Network for Student Assistance Program for each school district
 Region VIII Coordinator Renee Urick - Allegheny, Beaver, Washington, Greene, Fayette, Westmoreland 724-222-7991
 Marie Bozelli – Butler, Armstrong, Indiana, Lawrence, Mercer 724-284-9183
 Deborah Strayer –Cambria, Somerset, Bedford, Blair 814-944-4355
 Contact can be made to speaking to your School Nurse

SHRINERS HOSPITAL-Erie, PA
 Lou Ann Thorp RN lthorp@shrinenet.org Care Coordination 800-873-5437

WESTERN PA SCHOOL FOR THE DEAF 412-621-0100
 Deborah K. Fell dfell@wpse.org Coordinator Children's Services 800-624-3323

WESTERN PA SCHOOL FOR BLIND CHILDREN 800-444-1897
 Mary Ann Loebig mloebig@wpsbc.org School Nurse 412-621-6009

PITTSBURGH SPEECH, HEARING AND DEAF SERVICES
 Diane Gallagher 412-281-1375

VENTILATOR ASSISTED PROGRAM
 Debbie Heinecke 412-692-6494
www.kidshome-vent.org 877-KID-VENT
 (877-543-8368)

WEB SITES:

PA Department of Health/Education/Welfare www.state.pa.us
Social Security www.ssa.gov 800-772-1213 TTY 800-325-0778
Centers for Disease Control www.cdc.gov
5 A DAY Online www.dcpc.nci.nih.gov/5aday
March of Dimes www.modimes.org
PA Developmental Disabilities Council www.paddc.org

OTHER HELPFUL NUMBERS

PFI Pennsylvania Families Incorporated Dianna Brocius, Project Director
1-800-947-4941 pafamilies@comcast.net www.pafamiliesinc.com

Child's Way (Child Care for Medically Fragile) 412-365-6065
Birth Certificates 724-656-3100
ECELS (PAAAP) 800-243-2357

The Food ALLERGY Network 703-691-3179
LEAD Information Line 800-440-5323

Learning Disabilities Assoc. of America 412-342-1515
MANAGED CARE COMPLAINTS-PA DOH 888-466-2787
Office of Long Term Living Programs-Harrisburg 800-757-5042
PIN (Mental Health Support) 800-688-4226

SELF-DETERMINATION INITIATIVE OF PENNSYLVANIA 888-565-9435
Medic Alert 800-926-3342 medicid@medicid.org

711 TELECOMMUNICATION RELAY SERVICE

LEGAL ADVICE

- Americans with Disabilities Act HOTLINE 800-514-0301
- Special Needs Trusts Google: Special Needs Planning
- THE DISABILITY RIGHTS NETWORK OF PA 800-692-7443
(formerly The Education Law Center and the Disability Law Project)
215-238-6970 (Phil) 412-391-5225 (Pitts) www.drnpa.org
- JOSEPH ROMANO 800-331-4134 FAX: 610-279-6265
Web site: www.josephromanolaw.com/ Email: Info@josephromanolaw.com

EDUCATION/TRANSITION HELP

Special Education CONSULT LINE 800-879-2301
Office of Dispute Resolution 800-222-3353 <http://odr.pattan.net>
PATTAN (PA Training & Technical Assistance Network) 800-446-5607 www.pattan.net
PEAL Parent Education & Advocacy Leadership Center 866-950-1040
www.pealcenter.org
PEN Parent Education Network 800-522-5827
www.parentednet.org
PIN (Parent Involved Network) 800-688-4226
AHEDD 866-802-4333 www.ahedd.org

EARLY INTERVENTION Call: CONNECT 800-692-7288

County	MHMR 0-3 years	Intermediate Unit 3-5 years
Armstrong	724-548-3451 or call Family Counseling 724-545-1234	800-272-2746 (IU 28) EI Secretary
Indiana	724-548-3451 or call Indiana Co Guidance Center DDU 724-465-0303	724-463-5300 Same as Armstrong Co
Beaver	724-847-6225 or call 724-891-2827 talk to Intake	724-774-7800 (IU27) EI Secretary
Butler	724-284-5114	724-458-6700 (IU 4) call 800-345-0033 EI Secretary
Cambria	814-472-4400	814-940-0223 (IU 8) call 800-228-7900 EI Secretary
Somerset	814-443-2099	814-472-9821 (IU 8) call 800-228-7900 Same as Cambria
Fayette	724-430-1370 call MHMR Children's Unit 724-430-4804 EI Coordinator	724-938-3241 (IU 1) call 800-328-6481 ext 220 EI Secretary
Greene	724-852-5276	724-938-3241 Same as Fayette
Washington	724-228-6832 EI Coordinator Wash/Greene Vicky Amos	724-938-3241 Same as Fayette
Westmoreland Mon Valley	724-830-3617 or call Westm'd Casemanagement 724-837-8290	724-836-2460 (IU 7) EI Secretary/EI Coordinator
Allegheny Pittsburgh	call ACHD Pam Long 412-247-7950	412-394-5736 (IU 3) 412-323-3960 (IU 2)

The Epilepsy Foundation Western/Central Pennsylvania

The Epilepsy Foundation Western/Central Pennsylvania (EFWCP) will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through services, education, advocacy and research.

Programs and services include:

- Free seizure recognition and first aid trainings for schools, businesses, and community groups
- Assistance with special education issues - Educational seminars, workshops, and conferences
- Summer camp - Parent and adult support groups - Family and adult social events
- Job search assistance
- Emergency medication assistance - Emergency Preparedness
- Information and referral - Assistance with Transition Planning

For more information, please contact your local EFWCP office or visit www.efwp.org.

Pittsburgh – 1-800-361-5885
Erie – 814-451-1135
Johnstown – 814-262-7494
Harrisburg – 1-800-336-0301
TDD EOP/AUX AID – 1-800-855-2880

PA-Tourette Syndrome Association, Inc.

132 West Middle Street
Gettysburg, PA 17325

(717) 337-1134 or (800) 990-3300 www.patourettesyndrome.org
E-mail: pfkpatsa@cvn.net

Brain STEPS

The Brain Injury School Re-Entry Program
Brain Injury Association of Pennsylvania

The Brain Injury Association of Pennsylvania, under contract from the PA Department of Health and partnered with the PA Department of Education, has created the Child & Adolescent Brain Injury School Re-Entry Program called **Brain STEPS** (Strategies Teaching Educators, Parents, and Students).

For more information, contact:
Brenda Eagan Brown, M.S.Ed.
Brain Injury School Re-entry Program Coordinator
Brain Injury Association of Pennsylvania
Email: eaganbrown@biapa.org
Phone: 724-944-6542 www.biapa.org